

Cliffside Park Senior Center
550 Gorge Road Cliffside Park, NJ 201-943-3768

The Cliffside Park Senior Activity
Computer Training Classes for Senior Residents
On Tuesday's at 2pm

June 6th ~ Dinner & A Movie~ Midnight in Paris \$5	4:00pm
June 7th ~ Nutrition for Seniors -w/ Hoboken Hospital	10:30am
June 11th ~ Blood Pressure & Health Screening	9:30-11:30am
June 14th ~ Gift Card Bingo w/ County Manor	10:30am
June 18th ~ Father's Day Pancake Breakfast	9:00am
June 21st ~ Blister Packs w/ Maywood Pharmacy	10:45am
June 25th ~ Atlantic City Casino Trip \$25	9:00am
June 28th ~ Fall Prevention w/ VIP Home Healthcare	10:30am

June Senior Bus Trips

June 1~ Woodbury Commons 9:30am
June 8~ Monmouth Racetrack -9:00am
June 15~ Point Pleasant 9:00am
June 20 (Wed.) New York Yankees Game- 10:30am
June 22~ High SocieTea Luncheon 11:00am
June 29~ Long Branch~ Pier Village 9:00am
(Trips subject to change due to inclement weather)

Regularly Scheduled Activities Included: Exercise, Bingo, Cards, Art Class, ESL Class, Line Dancing, Chorus, Yoga, Mahjong, Wii Bowling, Puzzles, Movie Night, Afternoon Teas, Local & Mall Shopping, Trips, Concerts & Parties

